



Individual Training Plan

Name:	Fiscal Year:
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Training Topics/Events

Please mark 4 Annual training goals for this year:	Effective SILC Management
Roles of Chair and Vice Chair	Gathering & Using Consumer Feedback
DSE and SILC Roles (ILRU)	Leadership Development
Independent Living Principles	Monitoring & evaluating the SPIL
Online Live or On-Demand Training	Resource Development
SILC Indicators	SILC Resource Plan
Robert's Rules	SPIL Development
Open Meeting Law Manual	Statewide Needs Assessment
SILC Presentation	Systems Advocacy
SILC Guidebook	The 3-Year SPIL Cycle & Strategic Planning
SILC Member Orientation to SILC Duties	Uniform Guidance for SILCs
IRLU – Live & Rapid Online Training	National Conferences: Training Online
Attend another TN State Council Quarterly Meeting	TN-Mega Conference
Ableism, Anti-Racism, Racial Equity	APRIL Conference
Board Recruitment for SILCs	NCIL Conference
Building State IL Network	SILC Congress
Visit the Centers for Independent Living	Other: (please be specific)
Join SILC Committee	
Cultural Competence for SILCs	
Transportation Advocacy	

Signature of SILC Member/Staff:	Date:
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- This Individual Training Plan is to identify your preferences in obtaining additional training to increase your knowledge and skills as a SILC member is required.
- Training will be provided and/or accessed with consideration of all members' training plans.
- Attendance to "in-person" events and conferences will be limited by the availability of funding.
- Every effort will be made to assist you in achieving your training goals.
- Please inform the SILC Director when you complete a training active so your file can be updated.

Chairperson/Executive Director Signature:	Date:
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SILC Member Training Resources

1. ILRU (Independent Living Research Utilization)

<https://www.ilru.org/home>

Live Webinars and on Demand training

ILRU is the national center for information, training, research, and technical assistance in independent living. Its goal is to expand the body of knowledge in independent living and to improve the utilization of results of research programs and demonstration projects in this field. It is a program of TIRR Memorial Hermann, a nationally recognized medical rehabilitation facility for persons with disabilities.

2. The National Council on Independent Living

<https://ncil.org/training/>

Live Webinars and on Demand training

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

3. The Association of Programs for Rural Independent Living (APRIL)

<https://www.april-rural.org/index.php/en/rural-conversations>

Live Webinars and Demand training or access training via the “Trainings” TAB

The Association of Programs for Rural Independent Living (APRIL) is a national grassroots, consumer-controlled, nonprofit membership organization consisting of centers for independent living, their satellites and branch offices, statewide independent living councils, other organizations, and individuals concerned with the independent living issues of people with disabilities living in rural America.

4. Accessibility Online represents a collaborative training program between the [ADA National Network](#) and the [US Access Board](#).

<https://www.accessibilityonline.org/ao/>

Live Webinars and Demand training

The Great Lakes ADA Center's mission is to increase awareness and knowledge with the ultimate goal of achieving voluntary compliance with the Americans with Disabilities Act. This is accomplished within targeted audiences through provision of customized training, expert assistance, and dissemination of information developed by various sources, including the federal agencies responsible for enforcement of the ADA. We are not an enforcement or regulatory agency, but a helpful resource supporting the ADA's mission to "make it possible for everyone with a disability to live a life of freedom and equality."

5. The National Aging and Disability Transportation Center (NADTC)

<https://www.nadtc.org/training-webinars/category/training-webinars/>

Live Webinars and Demand training

NADTC promotes the availability and accessibility of transportation options that meet the needs of older adults, people with disabilities, and caregivers. Provides resources, training, and information through an information and referral hotline, and website, as well as both distance and online training.